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CLAIMS

What is claimed is:

- 1. A method for producing a fine, highly crystalline material product, the method comprising fluid energy milling a crystalline material using a milling fluid comprising helium at reduced temperature.
 - 2. A method according to claim 1 wherein the milling fluid consists of helium.
 - 3. A method according to claim 1 wherein the temperature of the milling fluid is between -30° C and -120° C.
 - 4. A method according to claim 3 wherein the temperature of the milling fluid is between -50° C and -70° C.
 - 5. A method according to claim 1 wherein the crystalline material comprises a medicament powder.
- 20 6. A method according to claim 5 wherein the crystalline material is triamcinolone acetonide.
 - 7. A method according to claim 1 wherein the product has an amorphous content of less than 5%.
 - 8. A method according to claim 7 wherein the product has an amorphous content of less than 2%.
- 9. A method according to claim 8 wherein the product has an amorphous content of less than 1%.
 - 10. A method according to claim 1 wherein the product comprises a medicament powder in a form suitable for inhalation.

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- 11. A method according to claim 10 wherein the product has a median particle size of less than 10 microns.
- 12. A crystalline material containing substantially no amorphous content and having a median particle size of less than 2 microns.
 - 13. A crystalline material according to claim 12 having a median particle size of about 1 micron.
- 10 14. A crystalline material according to claim 12 which is triamcinolone acetonide.
 - 15. A crystalline material produced by a method according to claim 1.
 - 16. A crystalline material according to claim 15 containing substantially no amorphous content and having a median particle size of less than 2 microns.